

We strongly recommend you to obey the following essentials for your own health and for a comfortable operation:

- For the efficiency of the operation, please do not take anything like alcohol, drugs, blood thinners from 1 week before.
- You do not need to cut your hair beforehand. You will be shaved by us on the day of the operation. Never cut to a bald model (Zero)
- Beginning the day before the operation, please try not to drink a maximum of 1 glass of tea per day, and not to drink coffee at all.
- On the morning of the operation, please have your breakfast at the hotel and come. We will provide your lunch in between the operation.
- Please do not use heavy-smelling perfumes as the operation time will take an average of 6 hours.
- When you come to the operation, please wear clothes with zippers or buttons that you can easily take off and wear, or bring them with you.